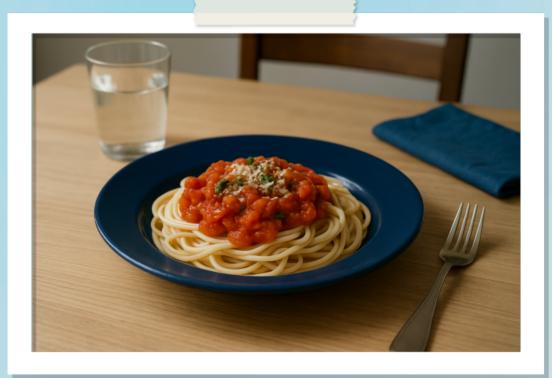
# What If

#### Volume 1





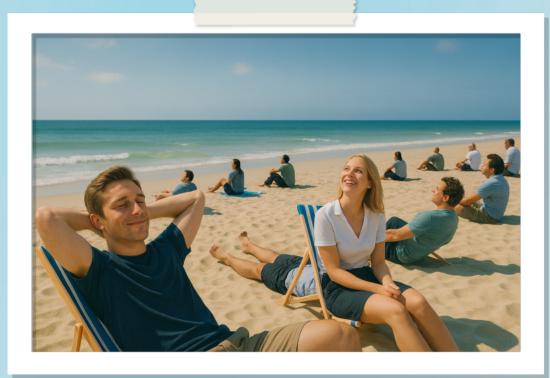
#### 1. What if you had to eat the same food for a month?



- 1) Which food would you choose, and why?
- 2) Would it get boring after a while?
- 3) Could it affect your health in any way?

	Useful
Variety – 다양성	Repetition – 반복
Nutrition – 영양	Metabolism – 신진대사

# 2. What if weekends lasted five days?



- 1) Would people get bored with so much free time?
- 2) How would work and productivity be affected?
- 3) Would people still look forward to the weekend?

Boredom - 권태	Novelty – 새로움
Efficiency – 효율성	Taken for granted – 당연하게 여김

#### 3. What if you were lost in the Arctic?



- 1) How would you keep yourself warm?
- 2) What food sources could you possibly find?
- 3) Could you find or build shelter?

Usa	
Useful	
Voca	
G	

Layering – 겹쳐 입기	Refuge – 피난처
Forage – 먹을 것을 찾다	Hypothermia - 저체온증

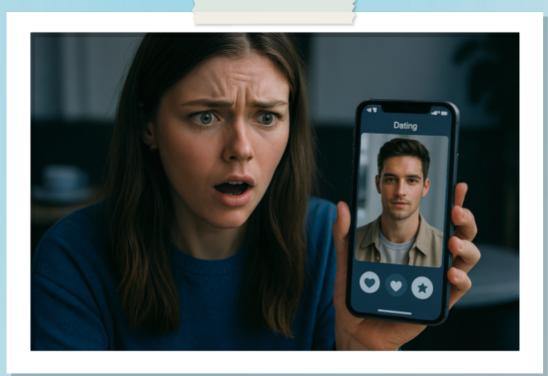
# 4. What if you had to stop using plastic forever?



- 1) What would be the hardest item to replace?
- 2) Could you find practical eco-friendly alternatives?
- 3) Would living without plastic change your daily habits?

	$\cup_{S \in f_{t,t}}$
Durability – 내구성	Affordability – 경제성
Sustainability – 지속 가능성	Consciousness - 의식

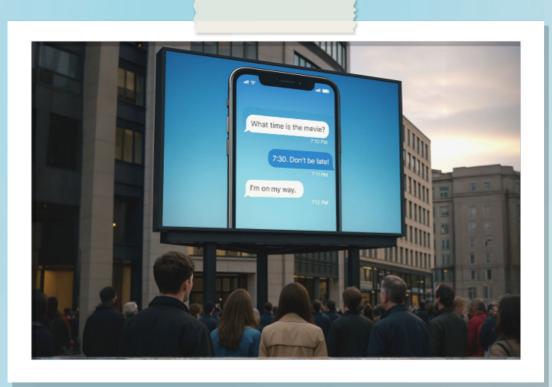
### 5. What if you saw your friend's partner on a dating app?



- 1) Would you tell your friend?
- 2) Could this damage the friendship instead of helping?
- 3) How would you feel if roles were reversed?

Obligation - 의무	Fallout – 불화
Fragile – 취약한	Awkwardness – 어색함

#### 6. What if all your messages with your best friend went public?



- 1) Would you feel embarrassed if it were exposed?
- 2) Would people judge you differently after reading?
- 3) Would it change the way you text in the future?

		$U_{Sef(i)}$
Embarrass – 당황	Reputation – 평판	Voca
Self-conscious - 남의 시선을 의식하다	Filter – 걸러내다	

# 7. What if you could never buy new clothes again?



- 1) Would secondhand clothes be an acceptable option?
- 2) Could repairing old clothes be a practical solution?
- 3) Would this lifestyle actually help you save money?

Hygiene – 위생	Repair – 수선
Durability – 내구성	Expense – 지출

# 8. What if you could talk to your past self?



- 1) What advice would you give?
- 2) How might your past self react to meeting you?
- 3) Could this meeting change the person you are today?

Motivate – 동기를 부여하다	Distrust - 불신
Intrigue - 흥미	Reorganize – 재구성